

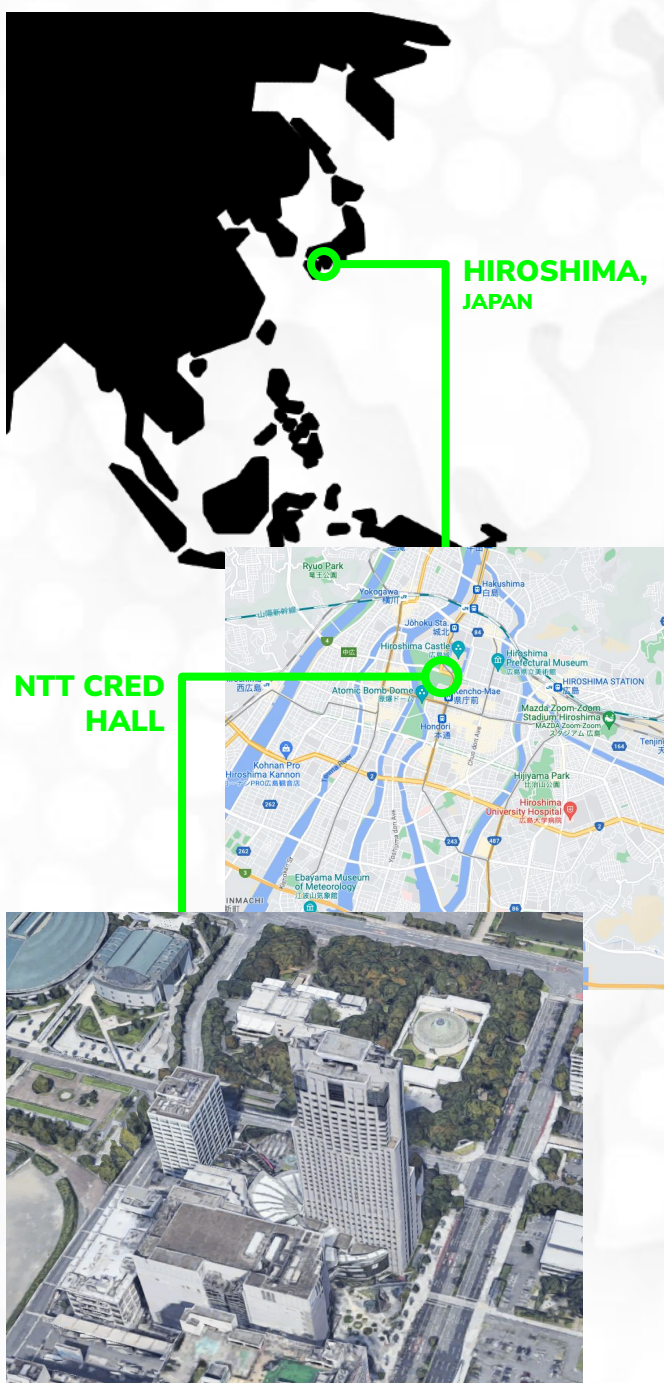


**WFFA**  
**PULSE**  
SERIES

**HIROSHIMA**  
**SEPTEMBER 16, 2023**

**ATHLETE HANDBOOK**

## GETTING THERE



September 16th, 2023



Hiroshima, Japan



NTT Cred Hall



〒730-0011 Hiroshima, Naka Ward,  
Motomachi, 6-78 パセーラ 11F

The best options to get to Hiroshima include:

- **Fukuoka Airport**  
250 km away from Hiroshima
- **Kansai Airport**  
380 km away from Hiroshima

## TRAVEL REGULATIONS

At present, there are **no Covid or other specific regulations** to enter Japan, apart from the usual visas

All freestylers are advised to **check with the embassies of Japan in their respective countries** to ensure they fulfill all entry requirements

## ABOUT THE CITY



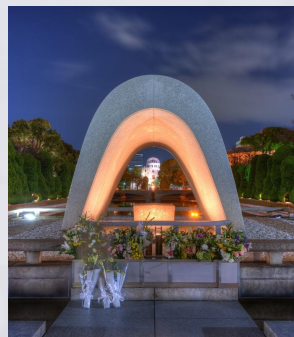
**Hiroshima** is a city located on the southwestern coast of Japan. Its rich history dates back to the 16th century, when it served as a major trade center. Some of the city's landmarks include Hiroshima Castle, Shukkei-en Garden, and the Itsukushima Shrine. Hiroshima is also known for its delicious cuisine, including okonomiyaki and oysters. In Hiroshima and its immediate surroundings, visitors can enjoy traditional Japanese festivals, museums, and hot springs, making it an ideal destination for any traveler.



①

### **Atomic Bomb Dome**

*A UNESCO World Heritage site and a haunting reminder of the atomic bombing of 1945*



②

### **Hiroshima Peace Memorial Park**

*A park dedicated to promoting peace and honoring the victims of the attack*



③

### **Miyajima**

*A picturesque island of stunning natural beauty known for its iconic floating torii gate.*



## ACCOMMODATION SUGGESTIONS



### **WeBase Hiroshima Hostel**

4-16 Nakamachi, Naka-ku  
Hiroshima, Japan

**1.1km away from the venue**

#### **About this hotel**

- Free wi-fi
- Laundry room
- 800m away from the city centre
- 50km away from the airport
- **300¥ discount showing this Handbook!**

**6,300¥**

PER NIGHT



### **Rihga Royal Hotel**

6-78 Motomachi, Naka Ward  
Hiroshima, Japan

**Right above the venue**

#### **About this hotel**

- Free wi-fi
- Pool & Spa
- Free breakfast
- 1.6km away from the city centre
- 51km away from the airport

**15,000¥**

PER NIGHT



### **Chisun Hotel**

Noboricho, 14-7, Naka Ward  
Hiroshima, Japan

**1.2km away from the venue**

#### **About this hotel**

- Free wi-fi
- Laundry service
- Parking lot with electric chargers
- 1.8km away from the city centre
- 50km away from the airport

**8,700¥**

PER NIGHT



### **Capsule Cube Hotel**

14-5 Noboricho, Naka Ward  
Hiroshima, Japan

**1.2km away from the venue**

#### **About this hotel**

- Rooms or cabins available
- Free wi-fi
- Laundry service
- 1.8km away from the city centre
- 50km away from the airport

**4,500¥**

PER NIGHT

## CITY TRANSPORTATION OPTIONS



### PUBLIC TRANSPORT

- Hiroshima's public transportation network includes **streetcars, buses** and **ferries**
- The transport system is operated by **Hiroden** and covers the city and its suburbs
- **Tickets** can be purchased from ticket vending machines, convenience stores or Hiroden service centres, and must be validated upon boarding



### TAXIS

- Taxis are readily available in Hiroshima, and you can either hail them on the street or use ride-hailing apps such as **JapanTaxi, Uber** or **DiDi**



### CYCLING AND WALKING

- Hiroshima has a large network of **cycling paths & lanes**, making it a bike-friendly city
- You can rent bicycles from various rental companies or use the city's bike-sharing system, the **Community Cycle**
- The relatively compact size of the city and the proximity of its main attractions make it also very attractive to explore **on foot**



### OTHER OPTIONS

- Car rental is also possible from one of the agencies available in Hiroshima, such as **Nippon Rent-A-Car** and **Budget**. Renting a car can be a relatively affordable option to explore the city



## EVENT SCHEDULE\*

DAY	START TIME	END TIME	ACTIVITY
16/09	09:00	10:00	Check-in
16/09	10:00	10:30	Opening briefing (introduction, tournament structure, judges)
16/09	11:00	15:00	Qualification Circles
16/09	15:00	15:30	Lunch break
16/09	15:30	17:00	Second chance battles
16/06	17:25		Small break + Introduction of No Time Limit battles
16/09	17:30	19:30	Finals
15/06	19:30	19:35	Celebration of Winners
16/06	19:35	19:45	Awards Ceremony
16/06	22:00 - ¿?		Afterparty (location TBC)

\* THIS SCHEDULE MAY BE MODIFIED AS THE EVENT APPROACHES: STAY TUNED TO THE WFFA CHANNELS TO KEEP UP-TO-DATE WITH THE CHANGES!

## NEARBY SERVICES



### KEY SERVICES

-  **Hiroshima City Hospital**  
7-33 Motomachi, Naka Ward, 730-8518  
**300m from the venue**
-  **Cocokara Fine Hondori Pharmacy**  
7-17 Hondori, Naka Ward, 730-0035  
**700m from the venue**
-  **Sunmall**  
2 Chome-2-18 Kamiyacho, Naka W., 730-0031  
**600m from the venue**
-  **Mizuho Bank ATM**  
2 Chome-1-1 Kamiyacho, Naka W., 730-8710  
**450m from the venue**

### RESTAURANTS

-  **Okonomimura (local cuisine)**  
5-13 Shintench, Naka Ward, 730-0034  
**1.1km from the venue**
-  **Shijan (Korean cuisine)**  
9-9 Hondori, Naka Ward, 730-0035  
**150m from the venue**
-  **Ichikiri (traditional Japanese pub)**  
6-52 Furomachi, Naka Ward, 730-0036  
**900m from the venue**
-  **Salvatore Cuomo (Italian cuisine)**  
Hatchobori 14-1, Naka Ward, 730-0013  
**500m from the venue**



## SOCIAL MEDIA GUIDELINES



Competition name: **WFFA Pulse Hiroshima 2023**



Venue: **NTT Cred Hall**



Website: **[www.thewffa.org/event/pulsehiroshima2023/](http://www.thewffa.org/event/pulsehiroshima2023/)**



Live Stream: **[www.twitch.tv/thewffa](http://www.twitch.tv/thewffa)**



### TAGS

@thewffa

@jf3\_official



### HASHTAGS

#WFFAPulseHiroshima

#PulseSeries

#FreestyleFootball

#AllYouNeedIsABall

**Remember to add the tags  
and hashtags listed above to all  
your social posts and Stories!**





## COMPETITIVE FORMAT



**JUDGE**  
PHAT NGUYEN NGOC



**JUDGE**  
JORDAN MORRISON



**JUDGE**  
KOSUKE TAKAHASHI

### RULES

- The regular **WFFA rules** apply: no hands, no props, 1 ball, no adjusting or changing clothes and no audience on stage during the performance
- In the **Circles** round, each athlete will have **3 rounds of 30 seconds** to perform; from the **Top 16** on, battles will have **no time limit**
- When an athlete is performing, **inappropriate interferences** (i.e. invading personal space) by the other athlete are forbidden
- Athletes may be marked down by judges for **making mistakes**, any **unfair play** or **bad attitude**, **repetition** and **violating the rules**
- The **8 best athletes** (4 women and 4 men) will earn themselves a spot at the **World Freestyle Football Championship Finals** in Nairobi

### CRITERIA

The judges evaluate battles according to five criteria: **Difficulty**, **Originality**, **Control**, **Execution** and **All-round**

- **Difficulty**: difficult moves, flow, execution, dynamics
- **Originality**: original composition of tricks, unique execution of moves, use of new, unusual or unexpected tricks
- **Control**: general control of the ball on stage
- **Execution**: cleanness, flow, style, dynamics, musicality and attitude
- **All-round**: general ability to perform all parts of sport the best way possible

CLICK HERE TO DOWNLOAD THE  
**OFFICIAL RULES**  
OF THE SPORT OF FREESTYLE FOOTBALL



## USEFUL RESOURCES

### WFFA



**Lucaso Skoda**  
**Event Director**  
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**Yosuke Yokota**  
**On-site Project Manager**  
+81 90-7005-6488



**Jordi Mestre**  
**Communications Manager**  
+34 647 094 896

### SERVICES



**Police & Ambulance**  
**Emergency number**  
110 for Police, 119 for Ambulance



**Tourism Board**  
**Hiroshima Tourism Information**  
+81 82 263 5120



**Venue**  
**NTT Cred Hall**  
+81 82 502 3515



## THE TOURNIFY APP

During this event, the WFFA will be using **Tournify**, an easy and intuitive App to follow all schedules and results. The event information will be online on **September 14th at 11:59pm JST**, once the competition draw is done.

Download Tournify for iPhone or Android using the links below and type **Pulse Hiroshima 2023** in the search bar:





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**PULSE**  
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[www.thewffa.org](http://www.thewffa.org)